



## 13. Slusialauf 2011 "Zur Eisernen Hand"

Schleusingen / 08.05.2011

### Detailed evaluation

Ettlinger, Helmut

Club: Reurieth

Number: 486

Course: 15.80 km

Nordic Walking

Category:

Männer

Total time: 2:32:28

Speed: 5.90 km/h

Running performance: 9:39 min/km

Rank in course/Total: 5 (of 7)

Rank in course/Men: 4 (of 5)

Best time in course: 2:01:00

Rank in category: 4(of 5)

Best time in the category: 2:01:00