



## 13. Slusialauf 2011 "Zur Eisernen Hand"

Schleusingen / 08.05.2011

### Detailed evaluation

**Koch, Ulrike**

Club: Genusslauf Schleusingen

Number: 384

Course: 15.80 km

Hauptlauf

Category:

Frauen W30

Total time: 2:37:54

Speed: 5.70 km/h

Running performance: 9:59 min/km

Rank in course/Total: 83 (of 83)

Rank in course/Women: 18 (of 18)

Best time in course: 1:13:26

Rank in category: 4(of 4)

Best time in the category: 1:15:37