



31. Silberberglauf  
Möhrenbach/ Thüringen / 14.05.2011

Detailed evaluation

Rothkegel, Ilona

Club: Erfurt  
Number: 989

Course: 19.00 km  
Großer Lauf

Category:  
Frauen W65

Total time: 1:47:42

Speed: 10.58 km/h  
Running performance: 5:40 min/km

Rank in course/Total: 25 (of 28)

Rank in course/Women: 6 (of 7)

Best time in course: 1:34:52

Rank in category: 1(of 1)

Best time in the category: 1:47:42