



31. Silberberglauf
Möhrenbach/ Thüringen / 14.05.2011

Detailed evaluation

Frankenberg, Holm

Club: Triathlonclub Suhl
Number: 798

Course: 11.00 km
Hauptlauf

Category:
Männer M45

Total time: 49:43

Speed: 13.28 km/h
Running performance: 4:31 min/km

Rank in course/Total: 18 (of 100)

Rank in course/Men: 17 (of 80)

Best time in course: 38:22

Rank in category: 4(of 19)

Best time in the category: 42:20