



31. Silberberglauf
Möhrenbach/ Thüringen / 14.05.2011

Detailed evaluation

SEIDLER, BERND

Club: Stadtilm
Number: 729

Course: 11.00 km
Hauptlauf

Category:
Männer M45

Total time: 49:44

Speed: 13.27 km/h
Running performance: 4:31 min/km

Rank in course/Total: 19 (of 100)

Rank in course/Men: 18 (of 80)

Best time in course: 38:22

Rank in category: 5(of 19)

Best time in the category: 42:20