



31. Silberberglauf  
Möhrenbach/ Thüringen / 14.05.2011

Detailed evaluation

Opitz, Guntram

Club: Dresden  
Number: 717

Course: 11.00 km  
Hauptlauf

Category:  
Männer M45

Total time: 57:34

Speed: 11.46 km/h  
Running performance: 5:14 min/km

Rank in course/Total: 59 (of 100)

Rank in course/Men: 52 (of 80)

Best time in course: 38:22

Rank in category: 14(of 19)

Best time in the category: 42:20