



31. Silberberglauf  
Möhrenbach/ Thüringen / 14.05.2011

Detailed evaluation

**Poppner, Sebastian**

Club: WSV Ilmenau  
Number: 726

Course: 11.00 km  
Hauptlauf

Category:  
Männer M20

Total time: 59:22

Speed: 11.12 km/h  
Running performance: 5:24 min/km

Rank in course/Total: 64 (of 100)

Rank in course/Men: 56 (of 80)

Best time in course: 38:22

Rank in category: 13(of 14)

Best time in the category: 38:22