



31. Silberberglauf
Möhrenbach/ Thüringen / 14.05.2011

Detailed evaluation

Dudek, Harald

Club: LSV Lok Arnstadt
Number: 745

Course: 11.00 km
Hauptlauf

Category:
Männer M60

Total time: 1:01:34

Speed: 10.72 km/h
Running performance: 5:36 min/km

Rank in course/Total: 75 (of 100)

Rank in course/Men: 65 (of 80)

Best time in course: 38:22

Rank in category: 5(of 6)

Best time in the category: 52:36