



31. Silberberglauf  
Möhrenbach/ Thüringen / 14.05.2011

Detailed evaluation

**Spilling, Jochen**

Club: Holzhausen  
Number: 746

Course: 11.00 km  
Hauptlauf

Category:  
Männer M65

Total time: 1:05:45

Speed: 10.04 km/h  
Running performance: 5:59 min/km

Rank in course/Total: 86 (of 100)

Rank in course/Men: 71 (of 80)

Best time in course: 38:22

Rank in category: 2(of 3)

Best time in the category: 1:00:13