



31. Silberberglauf
Möhrenbach/ Thüringen / 14.05.2011

Detailed evaluation

Ganß, Lothar

Club: DJK Salz
Number: 62

Course: 5.00 km
Schnupperlauf

Category:
Männer M70

Total time: 30:30

Speed: 9.84 km/h
Running performance: 6:06 min/km

Rank in course/Total: 34 (of 64)

Rank in course/Men: 20 (of 33)

Best time in course: 20:03

Rank in category: 1(of 2)

Best time in the category: 30:30