



# Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

## Detailed evaluation

**Vater, Roland**

Club: Leverkusen

Number: 741

Course: 67.00 km

67 km Lauf

Category:

Männer M50

Total time: 6:12:46

Speed: 10.78 km/h

Running performance: 5:34 min/km

Rank in course/Total: 4 (of 52)

Rank in course/Men: 4 (of 45)

Best time in course: 5:42:02

Rank in category: 1(of 11)

Best time in the category: 6:12:46

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	1:39:51	5:07	1	-	2	1:49	19.50	1:39:51	5:07	1	-	27	
Kühude	20.50	1:49:16	5:19	1	-	3	6:33	40.00	3:29:07	5:13	1	-	27	
Nasse Wiese	20.50	2:09:32	6:19	3	14:22	8	31:28	60.50	5:38:39	5:35	1	-	27	
Finish	6.50	34:07	5:14	3	2:32	7	7:45	67.00	6:12:46	5:33	1	-	4	30:44