



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

Detailed evaluation

Reinecke, Karl Michael

Club: Landemert

Number: 797

Course: 42.00 km

42 km Lauf

Category:

Männer M35

Total time: 4:04:20

Speed: 10.31 km/h

Running performance: 5:49 min/km

Rank in course/Total: 7 (of 36)

Rank in course/Men: 6 (of 30)

Best time in course: 3:40:13

Rank in category: 2(of 3)

Best time in the category: 3:51:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Nasse Wiese	19.50	1:38:59	5:04	1	-	2	3:07	19.50	1:38:59	5:04	2			25	
Obersorpe	6.50	42:09	6:29	1	-	3	2:40	26.00	2:21:08	5:25	2			25	
Finish	16.00	1:43:12	6:27	2	23:09	12	23:09	42.00	4:04:20	5:49	2	12:31	7	2:17:20	