



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

Detailed evaluation

Prior, Christian

Club: LC Diabü Eschenburg

Number: 711

Course: 67.00 km

67 km Lauf

Category:

Männer M35

Total time: 6:33:19

Speed: 10.22 km/h

Running performance: 5:52 min/km

Rank in course/Total: 7 (of 52)

Rank in course/Men: 7 (of 45)

Best time in course: 5:42:02

Rank in category: 1(of 5)

Best time in the category: 6:33:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men						Pos Men	Behind Men
Nasse Wiese	19.50	1:38:02	5:01	1	-	1	-	19.50	1:38:02	5:01	1	-	30	
Kühude	20.50	1:42:43	5:00	1	-	1	-	40.00	3:20:45	5:01	1	-	30	
Nasse Wiese	20.50	2:33:07	7:28	3	12:22	26	55:03	60.50	5:53:52	5:50	1	-	30	
Finish	6.50	39:27	6:04	4	3:48	22	13:05	67.00	6:33:19	5:52	1	-	7	51:17