



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

Detailed evaluation

Keller, Harald

Club: Auslaufmodelle

Number: 706

Course: 67.00 km

67 km Lauf

Category:

Männer M50

Total time: 6:37:53

Speed: 10.10 km/h

Running performance: 5:56 min/km

Rank in course/Total: 8 (of 52)

Rank in course/Men: 8 (of 45)

Best time in course: 5:42:02

Rank in category: 3(of 11)

Best time in the category: 6:12:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	1:59:34	6:07	4	19:43	14	21:32	19.50	1:59:34	6:07	3	19:43	31	
Kühude	20.50	2:00:40	5:53	3	11:24	9	17:57	40.00	4:00:14	6:00	3	31:07	31	
Nasse Wiese	20.50	2:06:04	6:08	2	10:54	6	28:00	60.50	6:06:18	6:03	3	27:39	31	
Finish	6.50	31:35	4:51	1	-	3	5:13	67.00	6:37:53	5:56	3	25:07	8	55:51