



# Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

## Detailed evaluation

**Müller, Michael**

Club: Sportteam-Steinbach Meiningen

Number: 784

Course: 42.00 km

42 km Lauf

Category:

Männer M40

Total time: 4:19:29

Speed: 9.71 km/h

Running performance: 6:11 min/km

Rank in course/Total: 13 (of 36)

Rank in course/Men: 11 (of 30)

Best time in course: 3:40:13

Rank in category: 2(of 4)

Best time in the category: 3:40:13

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men						Pos Men	Behind Men
Nasse Wiese	19.50	1:49:48	5:37	2	13:56	9	13:56	19.50	1:49:48	5:37	2	13:56	20	
Obersorpe	6.50	45:55	7:03	2	6:26	10	6:26	26.00	2:35:43	5:59	2	20:22	20	
Finish	16.00	1:43:46	6:29	3	18:54	13	23:43	42.00	4:19:29	6:10	2	39:16	12	2:32:29