



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

Detailed evaluation

Olbrich, Wolfgang

Club: LG DUV

Number: 794

Course: 42.00 km

42 km Lauf

Category:

Männer M40

Total time: 4:28:42

Speed: 9.38 km/h

Running performance: 6:24 min/km

Rank in course/Total: 16 (of 36)

Rank in course/Men: 13 (of 30)

Best time in course: 3:40:13

Rank in category: 3(of 4)

Best time in the category: 3:40:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:01:05	6:12	3	25:13	13	25:13	19.50	2:01:05	6:12	3	25:13	18	
Obersorpe	6.50	49:05	7:33	3	9:36	13	9:36	26.00	2:50:10	6:32	3	34:49	18	
Finish	16.00	1:38:32	6:09	2	13:40	10	18:29	42.00	4:28:42	6:23	3	48:29	14	2:41:42