



# Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

## Detailed evaluation

**Wortmann, Dirk**

Club: TV Herdringen

Number: 897

Course: 13.00 km

13 km Lauf

Category:

Männer M45

Total time: 1:02:30

Speed: 12.48 km/h

Running performance: 4:49 min/km

Rank in course/Total: 8 (of 40)

Rank in course/Men: 8 (of 32)

Best time in course: 57:24

Rank in category: 2(of 6)

Best time in the category: 1:02:05