



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

Detailed evaluation

Wehling, Walter

Club: Running TV Bedburg

Number: 635

Course: 67.00 km

67 km Lauf

Category:

Männer M45

Total time: 7:15:30

Speed: 9.23 km/h

Running performance: 6:30 min/km

Rank in course/Total: 18 (of 52)

Rank in course/Men: 18 (of 45)

Best time in course: 5:42:02

Rank in category: 5(of 13)

Best time in the category: 5:42:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:02:10	6:15	5	16:39	18	24:08	19.50	2:02:10	6:15	5	16:39	41	
Kühude	20.50	2:05:18	6:06	5	13:13	15	22:35	40.00	4:07:28	6:11	5	29:52	41	
Nasse Wiese	20.50	2:32:27	7:26	8	54:23	25	54:23	60.50	6:39:55	6:36	5	1:24:15	41	
Finish	6.50	35:35	5:28	3	9:13	13	9:13	67.00	7:15:30	6:30	5	1:33:28	18	1:33:28