



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

Detailed evaluation

Rohrman, Bernd

Club: LT Hagen Emst

Number: 799

Course: 42.00 km

42 km Lauf

Category:

Männer M50

Total time: 4:48:42

Speed: 8.73 km/h

Running performance: 6:52 min/km

Rank in course/Total: 19 (of 36)

Rank in course/Men: 16 (of 30)

Best time in course: 3:40:13

Rank in category: 4(of 8)

Best time in the category: 4:02:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Nasse Wiese	19.50	2:04:51	6:24	4	23:34	14	28:59	19.50	2:04:51	6:24	4	23:34	15	
Obersorpe	6.50	54:58	8:27	6	10:12	19	15:29	26.00	2:59:49	6:54	4	33:46	15	
Finish	16.00	1:48:53	6:48	4	12:04	17	28:50	42.00	4:48:42	6:52	4	45:50	17	3:01:42