



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

Detailed evaluation

Jüchter, Birger

Club: Rennschnecken 2000 e.V.

Number: 723

Course: 67.00 km

67 km Lauf

Category:

Männer M35

Total time: 7:17:12

Speed: 9.19 km/h

Running performance: 6:32 min/km

Rank in course/Total: 22 (of 52)

Rank in course/Men: 21 (of 45)

Best time in course: 5:42:02

Rank in category: 3(of 5)

Best time in the category: 6:33:19

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Nasse Wiese | 19.50 | 2:06:44 | 6:29 | 3 | 28:42 | 24 | 28:42 | 19.50 | 2:06:44 | 6:29 | 3 | 28:42 | 44 | |
| Kühude | 20.50 | 2:11:52 | 6:25 | 3 | 29:09 | 21 | 29:09 | 40.00 | 4:18:36 | 6:27 | 3 | 57:51 | 44 | |
| Nasse Wiese | 20.50 | 2:21:15 | 6:53 | 2 | 0:30 | 15 | 43:11 | 60.50 | 6:39:51 | 6:36 | 3 | 45:59 | 44 | |
| Finish | 6.50 | 37:21 | 5:44 | 3 | 1:42 | 16 | 10:59 | 67.00 | 7:17:12 | 6:31 | 3 | 43:53 | 21 | 1:35:10 |