



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

Detailed evaluation

Jüchter, Birger

Club: Rennschnecken 2000 e.V.

Number: 723

Course: 67.00 km

67 km Lauf

Category:

Männer M35

Total time: 7:17:12

Speed: 9.19 km/h

Running performance: 6:32 min/km

Rank in course/Total: 22 (of 52)

Rank in course/Men: 21 (of 45)

Best time in course: 5:42:02

Rank in category: 3(of 5)

Best time in the category: 6:33:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:06:44	6:29	3	28:42	24	28:42	19.50	2:06:44	6:29	3	28:42	44	
Kühude	20.50	2:11:52	6:25	3	29:09	21	29:09	40.00	4:18:36	6:27	3	57:51	44	
Nasse Wiese	20.50	2:21:15	6:53	2	0:30	15	43:11	60.50	6:39:51	6:36	3	45:59	44	
Finish	6.50	37:21	5:44	3	1:42	16	10:59	67.00	7:17:12	6:31	3	43:53	21	1:35:10