



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

Detailed evaluation

Klemp, Elmar

Club: LG Burg Wiedenbrück

Number: 716

Course: 67.00 km

67 km Lauf

Category:

Männer M45

Total time: 7:24:17

Speed: 9.05 km/h

Running performance: 6:38 min/km

Rank in course/Total: 23 (of 52)

Rank in course/Men: 22 (of 45)

Best time in course: 5:42:02

Rank in category: 7(of 13)

Best time in the category: 5:42:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:03:15	6:19	7	17:44	20	25:13	19.50	2:03:15	6:19	7	17:44	45	
Kühude	20.50	2:15:09	6:35	8	23:04	25	32:26	40.00	4:18:24	6:27	7	40:48	45	
Nasse Wiese	20.50	2:25:12	7:04	5	47:08	19	47:08	60.50	6:43:36	6:40	7	1:27:56	45	
Finish	6.50	40:41	6:15	7	14:19	26	14:19	67.00	7:24:17	6:37	7	1:42:15	22	1:42:15