



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

Detailed evaluation

Löwen, Robert

Club: Warstein

Number: 871

Course: 13.00 km

13 km Lauf

Category:

Männer M50

Total time: 1:11:34

Speed: 10.90 km/h

Running performance: 5:31 min/km

Rank in course/Total: 16 (of 40)

Rank in course/Men: 15 (of 32)

Best time in course: 57:24

Rank in category: 1(of 5)

Best time in the category: 1:11:34