



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

Detailed evaluation

Müller, Peter

Club: Kirchlinteln

Number: 779

Course: 42.00 km

42 km Lauf

Category:

Männer M50

Total time: 4:59:36

Speed: 8.41 km/h

Running performance: 7:08 min/km

Rank in course/Total: 22 (of 36)

Rank in course/Men: 19 (of 30)

Best time in course: 3:40:13

Rank in category: 5(of 8)

Best time in the category: 4:02:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:08:55	6:36	5	27:38	18	33:03	19.50	2:08:55	6:36	5	27:38	12	
Obersorpe	6.50	54:00	8:18	4	9:14	17	14:31	26.00	3:02:55	7:02	5	36:52	12	
Finish	16.00	1:56:41	7:17	8	19:52	24	36:38	42.00	4:59:36	7:08	5	56:44	20	3:12:36