



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

Detailed evaluation

Klasmeier, Michael

Club: Wiedenbrücker TV

Number: 651

Course: 67.00 km

67 km Lauf

Category:

Männer M45

Total time: 7:28:12

Speed: 8.97 km/h

Running performance: 6:41 min/km

Rank in course/Total: 26 (of 52)

Rank in course/Men: 25 (of 45)

Best time in course: 5:42:02

Rank in category: 8(of 13)

Best time in the category: 5:42:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Nasse Wiese	19.50	2:04:45	6:23	9	19:14	23	26:43	19.50	2:04:45	6:23	8	19:14	3		
Kühude	20.50	2:14:14	6:32	7	22:09	24	31:31	40.00	4:18:59	6:28	8	41:23	3		
Nasse Wiese	20.50	2:31:01	7:22	7	52:57	24	52:57	60.50	6:50:00	6:46	8	1:34:20	3		
Finish	6.50	38:12	5:52	4	11:50	19	11:50	67.00	7:28:12	6:41	8	1:46:10	25	1:46:10	