



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

Detailed evaluation

Kleeb, Michael

Club: RTB Remscheid

Number: 772

Course: 42.00 km

42 km Lauf

Category:

Männer M50

Total time: 5:03:36

Speed: 8.30 km/h

Running performance: 7:14 min/km

Rank in course/Total: 24 (of 36)

Rank in course/Men: 21 (of 30)

Best time in course: 3:40:13

Rank in category: 7(of 8)

Best time in the category: 4:02:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:14:21	6:53	7	33:04	20	38:29	19.50	2:14:21	6:53	7	33:04	10	
Obersorpe	6.50	57:01	8:46	8	12:15	24	17:32	26.00	3:11:22	7:21	7	45:19	10	
Finish	16.00	1:52:14	7:00	5	15:25	19	32:11	42.00	5:03:36	7:13	7	1:00:44	22	3:16:36