



# Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

## Detailed evaluation

**Burmann, Christof**

Club: Olsberg

Number: 895

Course: 13.00 km

13 km Lauf

Category:

Männer M45

Total time: 1:13:47

Speed: 10.57 km/h

Running performance: 5:41 min/km

Rank in course/Total: 19 (of 40)

Rank in course/Men: 18 (of 32)

Best time in course: 57:24

Rank in category: 6(of 6)

Best time in the category: 1:02:05