



# Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

## Detailed evaluation

**Luther, Mario**

Club: LG DUV

Number: 750

Course: 67.00 km

67 km Lauf

Category:

Männer M50

Total time: 7:36:22

Speed: 8.81 km/h

Running performance: 6:49 min/km

Rank in course/Total: 27 (of 52)

Rank in course/Men: 26 (of 45)

Best time in course: 5:42:02

Rank in category: 6(of 11)

Best time in the category: 6:12:46

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Nasse Wiese	19.50	1:58:49	6:05	3	18:58	13	20:47	19.50	1:58:49	6:05	6	18:58	4		
Kühude	20.50	2:21:05	6:52	7	31:49	29	38:22	40.00	4:19:54	6:29	6	50:47	4		
Nasse Wiese	20.50	2:41:25	7:52	7	46:15	29	1:03:21	60.50	7:01:19	6:57	6	1:22:40	4		
Finish	6.50	35:03	5:23	5	3:28	12	8:41	67.00	7:36:22	6:48	6	1:23:36	26	1:54:20	