



# Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

## Detailed evaluation

**Müller, Wolf-Rüdiger**

Club: Niederkassel-Rheidt

Number: 737

Course: 67.00 km

67 km Lauf

Category:

Männer M60

Total time: 8:12:20

Speed: 8.17 km/h

Running performance: 7:21 min/km

Rank in course/Total: 32 (of 52)

Rank in course/Men: 31 (of 45)

Best time in course: 5:42:02

Rank in category: 1(of 2)

Best time in the category: 8:12:20

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:10:32	6:41	1	-	27	32:30	19.50	2:10:32	6:41	1	-	9	
Kühude	20.50	2:23:23	6:59	1	-	33	40:40	40.00	4:33:55	6:50	1	-	9	
Nasse Wiese	20.50	2:48:18	8:12	1	-	34	1:10:14	60.50	7:22:13	7:18	1	-	9	
Finish	6.50	50:07	7:42	2	3:22	39	23:45	67.00	8:12:20	7:20	1	-	31	2:30:18