



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

Detailed evaluation

Gnacke, Elke

Club: Tri Fun Hennesee

Number: 898

Course: 13.00 km

13 km Lauf

Category:

Frauen W50

Total time: 1:28:05

Speed: 8.86 km/h

Running performance: 6:47 min/km

Rank in course/Total: 31 (of 40)

Rank in course/Women: 5 (of 8)

Best time in course: 1:09:15

Rank in category: 1(of 2)

Best time in the category: 1:28:05