



# Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

## Detailed evaluation

**Vogt, Erika**

Club: Laufmasche Schmallerberg

Number: 864

Course: 13.00 km

13 km Lauf

Category:

Frauen W45

Total time: 1:30:13

Speed: 8.65 km/h

Running performance: 6:56 min/km

Rank in course/Total: 34 (of 40)

Rank in course/Women: 6 (of 8)

Best time in course: 1:09:15

Rank in category: 2(of 2)

Best time in the category: 1:20:15