



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

Detailed evaluation

Witt, Werner

Club: SV Dickenberg

Number: 725

Course: 67.00 km

67 km Lauf

Category:

Männer M50

Total time: 8:37:16

Speed: 7.77 km/h

Running performance: 7:43 min/km

Rank in course/Total: 38 (of 52)

Rank in course/Men: 36 (of 45)

Best time in course: 5:42:02

Rank in category: 9(of 11)

Best time in the category: 6:12:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:14:42	6:54	9	34:51	35	36:40	19.50	2:14:42	6:54	9	34:51	14	
Kühude	20.50	2:29:56	7:18	8	40:40	36	47:13	40.00	4:44:38	7:06	9	1:15:31	14	
Nasse Wiese	20.50	3:09:09	9:13	9	1:13:59	37	1:31:05	60.50	7:53:47	7:49	9	2:15:08	14	7:23
Finish	6.50	43:29	6:41	9	11:54	34	17:07	67.00	8:37:16	7:43	9	2:24:30	36	2:55:14