



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

Detailed evaluation

Zietlow, Brigitte

Club: LG DUV

Number: 701

Course: 67.00 km

67 km Lauf

Category:

Frauen W60

Total time: 8:51:15

Speed: 7.57 km/h

Running performance: 7:56 min/km

Rank in course/Total: 41 (of 52)

Rank in course/Women: 4 (of 7)

Best time in course: 7:17:12

Rank in category: 1(of 1)

Best time in the category: 8:51:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Nasse Wiese	19.50	2:32:54	7:50	1	-	5	26:13	19.50	2:32:54	7:50	1	-	4	26:13
Kühude	20.50	2:45:41	8:04	1	-	5	34:17	40.00	5:18:35	7:57	1	-	4	1:00:30
Nasse Wiese	20.50	2:50:43	8:19	1	-	4	28:59	60.50	8:09:18	8:05	1	-	4	1:29:29
Finish	6.50	41:57	6:27	1	-	4	4:34	67.00	8:51:15	7:55	1	-	4	1:34:03