



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

Detailed evaluation

Vollenberg, Klaus

Club: ASC Schmallenberg

Number: 705

Course: 67.00 km

67 km Lauf

Category:

Männer M65

Total time: 9:16:45

Speed: 7.22 km/h

Running performance: 8:19 min/km

Rank in course/Total: 47 (of 52)

Rank in course/Men: 42 (of 45)

Best time in course: 5:42:02

Rank in category: 2(of 2)

Best time in the category: 7:09:48

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Nasse Wiese | 19.50 | 2:28:37 | 7:37 | 2 | 19:14 | 40 | 50:35 | 19.50 | 2:28:37 | 7:37 | 2 | 19:14 | 20 | 4:09 |
| Kühude | 20.50 | 2:39:17 | 7:46 | 2 | 31:10 | 40 | 56:34 | 40.00 | 5:07:54 | 7:41 | 2 | 50:24 | 20 | 11:21 |
| Nasse Wiese | 20.50 | 3:15:48 | 9:33 | 2 | 1:01:07 | 42 | 1:37:44 | 60.50 | 8:23:42 | 8:19 | 2 | 1:51:31 | 20 | 37:18 |
| Finish | 6.50 | 53:03 | 8:09 | 2 | 15:26 | 42 | 26:41 | 67.00 | 9:16:45 | 8:18 | 2 | 2:06:57 | 42 | 3:34:43 |