



# Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

## Detailed evaluation

**Stüken, Axel**

Club: Feuerwehr Menden

Number: 841

Course: 21.00 km

21 km Lauf

Category:

Männer M40

**Total time: 1:40:28**

Speed: 12.54 km/h

Running performance: 4:47 min/km

Rank in course/Total: 1 (of 42)

Rank in course/Men: 1 (of 34)

Best time in course: 1:40:28

Rank in category: 1(of 8)

Best time in the category: 1:40:28