



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

Detailed evaluation

Mollnar, Brigitte

Club: Pheidippides.de

Number: 147

Course: 67.00 km

67 km Lauf

Category:

Frauen W45

Total time: 9:49:51

Speed: 6.82 km/h

Running performance: 8:48 min/km

Rank in course/Total: 49 (of 52)

Rank in course/Women: 6 (of 7)

Best time in course: 7:17:12

Rank in category: 2(of 2)

Best time in the category: 8:38:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Nasse Wiese	19.50	2:38:54	8:08	2	7:54	6	32:13	19.50	2:38:54	8:08	2	7:54	6	32:13
Kühude	20.50	2:56:14	8:35	2	20:35	6	44:50	40.00	5:35:08	8:22	2	28:29	6	1:17:03
Nasse Wiese	20.50	3:24:31	9:58	2	34:40	6	1:02:47	60.50	8:59:39	8:55	2	1:03:09	6	2:19:50
Finish	6.50	50:12	7:43	2	8:27	6	12:49	67.00	9:49:51	8:48	2	1:11:36	6	2:32:39