



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

Detailed evaluation

Beiderbeck, Dietmar

Club: LG Würzburg

Number: 148

Course: 67.00 km

67 km Lauf

Category:

Männer M45

Total time: 9:49:51

Speed: 6.82 km/h

Running performance: 8:48 min/km

Rank in course/Total: 50 (of 52)

Rank in course/Men: 44 (of 45)

Best time in course: 5:42:02

Rank in category: 13(of 13)

Best time in the category: 5:42:02

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Nasse Wiese | 19.50 | 2:38:51 | 8:08 | 13 | 53:20 | 44 | 1:00:49 | 19.50 | 2:38:51 | 8:08 | 13 | 53:20 | 22 | 14:23 |
| Kühude | 20.50 | 2:56:14 | 8:35 | 13 | 1:04:09 | 44 | 1:13:31 | 40.00 | 5:35:05 | 8:22 | 13 | 1:57:29 | 22 | 38:32 |
| Nasse Wiese | 20.50 | 3:24:38 | 9:58 | 13 | 1:46:34 | 45 | 1:46:34 | 60.50 | 8:59:43 | 8:55 | 13 | 3:44:03 | 22 | 1:13:19 |
| Finish | 6.50 | 50:08 | 7:42 | 12 | 23:46 | 40 | 23:46 | 67.00 | 9:49:51 | 8:48 | 13 | 4:07:49 | 44 | 4:07:49 |