



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

Detailed evaluation

Büchter, Martin

Club: Troisdorfer LG M.U.T.

Number: 646

Course: 101.00 km

101 km Lauf

Category:

Männer M50

Total time: 11:19:34

Speed: 8.92 km/h

Running performance: 6:44 min/km

Rank in course/Total: 20 (of 59)

Rank in course/Men: 19 (of 52)

Best time in course: 8:09:44

Rank in category: 5(of 13)

Best time in the category: 8:57:44

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Nasse Wiese | 19.50 | 2:10:26 | 6:41 | 6 | 30:56 | 30 | 41:44 | 19.50 | 2:10:26 | 6:41 | 5 | 30:56 | 45 | 0:51 |
| Kühude | 20.50 | 2:16:31 | 6:39 | 7 | 33:22 | 28 | 43:27 | 40.00 | 4:26:57 | 6:40 | 5 | 1:04:18 | 45 | |
| Rhein-Weser-Tur | 17.00 | 1:58:39 | 6:58 | 7 | 30:19 | 24 | 37:37 | 57.00 | 6:25:36 | 6:45 | 5 | 1:34:37 | 45 | |
| Kühude | 17.00 | 1:51:23 | 6:33 | 2 | 19:33 | 11 | 23:34 | 74.00 | 8:16:59 | 6:42 | 5 | 1:54:10 | 45 | |
| Nasse Wiese | 20.50 | 2:27:54 | 7:12 | 4 | 25:20 | 14 | 36:51 | 94.50 | 10:44:53 | 6:49 | 5 | 2:19:30 | 45 | |
| Finish | 6.50 | 34:41 | 5:20 | 2 | 2:20 | 8 | 6:37 | 101.00 | 11:19:34 | 6:43 | 5 | 2:21:50 | 19 | 3:09:50 |