



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

Detailed evaluation

Kortyka, Sara

Total time: 11:35:28

Number: 658

Speed: 5.78 km/h

Running performance: 10:23 min/km

Course: 67.00 km

Rank in course/Total: 52 (of 52)

67 km Lauf

Rank in course/Women: 7 (of 7)

Best time in course: 7:17:12

Category:

Rank in category: 1(of 1)

Frauen W20

Best time in the category: 11:35:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Stage score			Total ranking			
								Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Nasse Wiese	19.50	3:10:50	9:47	1	-	7	1:04:09	19.50	3:10:50	9:47	1	-	7	1:04:09
Kühude	20.50	3:21:18	9:49	1	-	7	1:09:54	40.00	6:32:08	9:48	1	-	7	2:14:03
Nasse Wiese	20.50	3:53:42	11:23	1	-	7	1:31:58	60.50	10:25:50	10:20	1	-	7	3:46:01
Finish	6.50	1:09:38	10:42	1	-	7	32:15	67.00	11:35:28	10:22	1	-	7	4:18:16