



# Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

## Detailed evaluation

**Preetz, Udo**

Club: LT Mythos Stolberg

Number: 627

Course: 101.00 km

101 km Lauf

Category:

Männer M60

Total time: 13:01:17

Speed: 7.76 km/h

Running performance: 7:44 min/km

Rank in course/Total: 46 (of 59)

Rank in course/Men: 42 (of 52)

Best time in course: 8:09:44

Rank in category: 1(of 4)

Best time in the category: 13:01:17

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:12:34	6:47	1	-	38	43:52	19.50	2:12:34	6:47	1	-	16	2:59
Kühude	20.50	2:19:49	6:49	1	-	37	46:45	40.00	4:32:23	6:48	1	-	16	
Rhein-Weser-Tur	17.00	2:07:12	7:28	2	4:02	39	46:10	57.00	6:39:35	7:00	1	-	16	
Kühude	17.00	2:31:26	8:54	3	12:22	46	1:03:37	74.00	9:11:01	7:26	1	-	16	8:42
Nasse Wiese	20.50	3:06:16	9:05	2	19:24	44	1:15:13	94.50	12:17:17	7:48	1	-	16	16:02
Finish	6.50	44:00	6:46	3	0:48	34	15:56	101.00	13:01:17	7:44	1	-	42	4:51:33