



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

Detailed evaluation

Lingemann, Thorsten

Club: Sgv Niedersorpe

Number: 812

Course: 21.00 km

21 km Lauf

Category:

Männer M35

Total time: 1:56:41

Speed: 10.80 km/h

Running performance: 5:34 min/km

Rank in course/Total: 14 (of 42)

Rank in course/Men: 14 (of 34)

Best time in course: 1:40:28

Rank in category: 3(of 5)

Best time in the category: 1:51:50