



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

Detailed evaluation

Van Rennings, Uwe

Club: TriFun Hennesee

Number: 845

Course: 21.00 km

21 km Lauf

Category:

Männer M45

Total time: 2:01:52

Speed: 10.34 km/h

Running performance: 5:48 min/km

Rank in course/Total: 17 (of 42)

Rank in course/Men: 17 (of 34)

Best time in course: 1:40:28

Rank in category: 7(of 8)

Best time in the category: 1:40:48