



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

Detailed evaluation

Zipplies, Günter

Club: Soest
Number: 813

Course: 21.00 km
21 km Lauf

Category:
Männer M40

Total time: 2:02:07

Speed: 10.32 km/h
Running performance: 5:49 min/km

Rank in course/Total: 18 (of 42)

Rank in course/Men: 18 (of 34)

Best time in course: 1:40:28

Rank in category: 4(of 8)

Best time in the category: 1:40:28