



## Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

### Detailed evaluation

**Krokowski, Simon**

Club: TSV 1863 Herdecke

Number: 893

Course: 13.00 km

13 km Lauf

Category:

männliche Jugend A

Total time: 58:14

Speed: 13.39 km/h

Running performance: 4:29 min/km

Rank in course/Total: 2 (of 40)

Rank in course/Men: 2 (of 32)

Best time in course: 57:24

Rank in category: 1(of 2)

Best time in the category: 58:14