



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

Detailed evaluation

Leonhardt, Ansgar

Club: Arnsberg

Number: 844

Course: 21.00 km

21 km Lauf

Category:

Männer M50

Total time: 2:05:07

Speed: 10.07 km/h

Running performance: 5:58 min/km

Rank in course/Total: 24 (of 42)

Rank in course/Men: 24 (of 34)

Best time in course: 1:40:28

Rank in category: 3(of 5)

Best time in the category: 1:51:44