



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

Detailed evaluation

Tafel, Frank

Club: Essen
Number: 822

Course: 21.00 km
21 km Lauf

Category:
Männer M40

Total time: 2:17:21

Speed: 9.17 km/h
Running performance: 6:32 min/km

Rank in course/Total: 30 (of 42)

Rank in course/Men: 27 (of 34)

Best time in course: 1:40:28

Rank in category: 6(of 8)

Best time in the category: 1:40:28