



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

Detailed evaluation

Heutger, Burkhard

Club: V.G.R.e.V.

Number: 819

Course: 21.00 km

21 km Lauf

Category:

Männer M40

Total time: 2:19:46

Speed: 9.02 km/h

Running performance: 6:40 min/km

Rank in course/Total: 32 (of 42)

Rank in course/Men: 28 (of 34)

Best time in course: 1:40:28

Rank in category: 7(of 8)

Best time in the category: 1:40:28