



# Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

## Detailed evaluation

**Schröder, Bernd**

Club: Laufftreff Enst

Number: 828

Course: 21.00 km

21 km Lauf

Category:

Männer M60

Total time: 2:21:11

Speed: 8.92 km/h

Running performance: 6:43 min/km

Rank in course/Total: 33 (of 42)

Rank in course/Men: 29 (of 34)

Best time in course: 1:40:28

Rank in category: 2(of 2)

Best time in the category: 2:12:02