



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

Detailed evaluation

Rohr, Anja

Club: Adler Langlauf Bottrop

Number: 840

Course: 21.00 km

21 km Lauf

Category:

Frauen W40

Total time: 2:23:41

Speed: 8.77 km/h

Running performance: 6:50 min/km

Rank in course/Total: 34 (of 42)

Rank in course/Women: 5 (of 8)

Best time in course: 2:07:28

Rank in category: 1(of 1)

Best time in the category: 2:23:41