



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

Detailed evaluation

Bernard, Johann

Club: ASC Schmallenberg

Number: 852

Course: 21.00 km

21 km Lauf

Category:

Männer M55

Total time: 2:24:10

Speed: 8.74 km/h

Running performance: 6:52 min/km

Rank in course/Total: 35 (of 42)

Rank in course/Men: 30 (of 34)

Best time in course: 1:40:28

Rank in category: 1(of 1)

Best time in the category: 2:24:10