



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

Detailed evaluation

Steins, Hubert

Club: Lauftreff Elsen-Wewer

Number: 846

Course: 21.00 km

21 km Lauf

Category:

Männer M50

Total time: 2:28:02

Speed: 8.51 km/h

Running performance: 7:03 min/km

Rank in course/Total: 38 (of 42)

Rank in course/Men: 31 (of 34)

Best time in course: 1:40:28

Rank in category: 4(of 5)

Best time in the category: 1:51:44